

## Did you know?

- You can develop specific skills that will help you to **be more successful in work, learning and life.**
- We can support you in developing these skills!



## Skills for Success Free Summer Workshop Series

**Wednesdays 6:30-7:30 pm**

Option to join online (all communities)  
or in-person (Thompson & Flin Flon)

July 20: Self Awareness  
July 27: Positive Attitude  
Aug. 3: Managing Stress  
Aug. 10: Adaptability  
Aug. 17: Problem Solving  
Aug. 24: Decision Making  
Aug. 31: Organizing/Planning

**Register 1 week prior to each workshop:**

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