

# Welcome to The 3R's for Youth

## Resilience, Responsibility and Respect in the Workplace

### Module 3 - Building Responsibility

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1. Describe a time when you went out of your way to demonstrate dependability. (These can be small examples. It is the small things that, over time, count the most.) Who benefited from your efforts?

**Your response:**

2. Have there been times in the past three months when you did not deliver as you promised? (e.g., you missed a deadline, you were late, you failed to follow through, etc.) Who did your behaviour impact and how can you do better in the future?

**Your response:**

3. Do you know what your reputation is in the area of responsibility? Do others believe they can consistently count on you? How do they know?

**Your response:**

4. Do others seem to have confidence in your ability to deliver? When someone asks you to complete a task, do they then "let go" and assume that it will be taken care of by you?

**Your response:**

5. Working on potential is part of being responsible. Describe something that you are doing right now that is helping you to reach your potential.

**Your response:**

6. Do you tend to be a blamer or someone who takes responsibility for mistakes? Share an example.

**Your response:**