

Spotlight on Change

Take Control Today of your Tomorrow

Program Profile

Spotlight on Change is a program for women, 40 years and older, interested in discovering and understanding themselves. Modules include Exploring My Self, Exploring my Community, and Exploring my Future.

You will explore your skills, abilities, strengths, interests, goals and community and their connection to gaining meaningful and sustainable employment.

- Have you been out of the workplace for an extended period of time?
- Are you facing an empty nest and looking for fulfilling work?
- Need time to focus on exploring and building a career?
- Overwhelmed by the fast-paced and ever-evolving workplace?
- Seeking to build your confidence in preparation for work?



Are you Ready for Spotlight on Change?

- Are you a woman over 40 years who is interested in training & employment?
- Are you at a turning point in your life?
- Are you ready to identify and overcome barriers to success?
- Do you need guidance to identify and own the skills and abilities you possess?
- Are you ready to commit approx. 30 hours per week to training and job search?

Workshop Details:

- Oct. 16 – Dec. 15, 2023
- 9-Week program
- Workshops run Mon – Wed – Fri from 9:00 am – 3:00 pm.
- Additional hours for Essential Skills Training may be needed

WEM is committed to partnering with you to determine and pursue your goals related to life, learning and work.

This In-Person Workshop is for Southeast MB Residents.

To apply call 204-326-2123 or email west.steinbach@wem.mb.ca and provide your name, phone number and email address.