



# Career Launcher Assessment Workshop

Employment

to the side  
Direct: the side  
On the side

Is a 3-step essential skills assessment service that identifies a participants current essential skills and how they transfer to workplace.



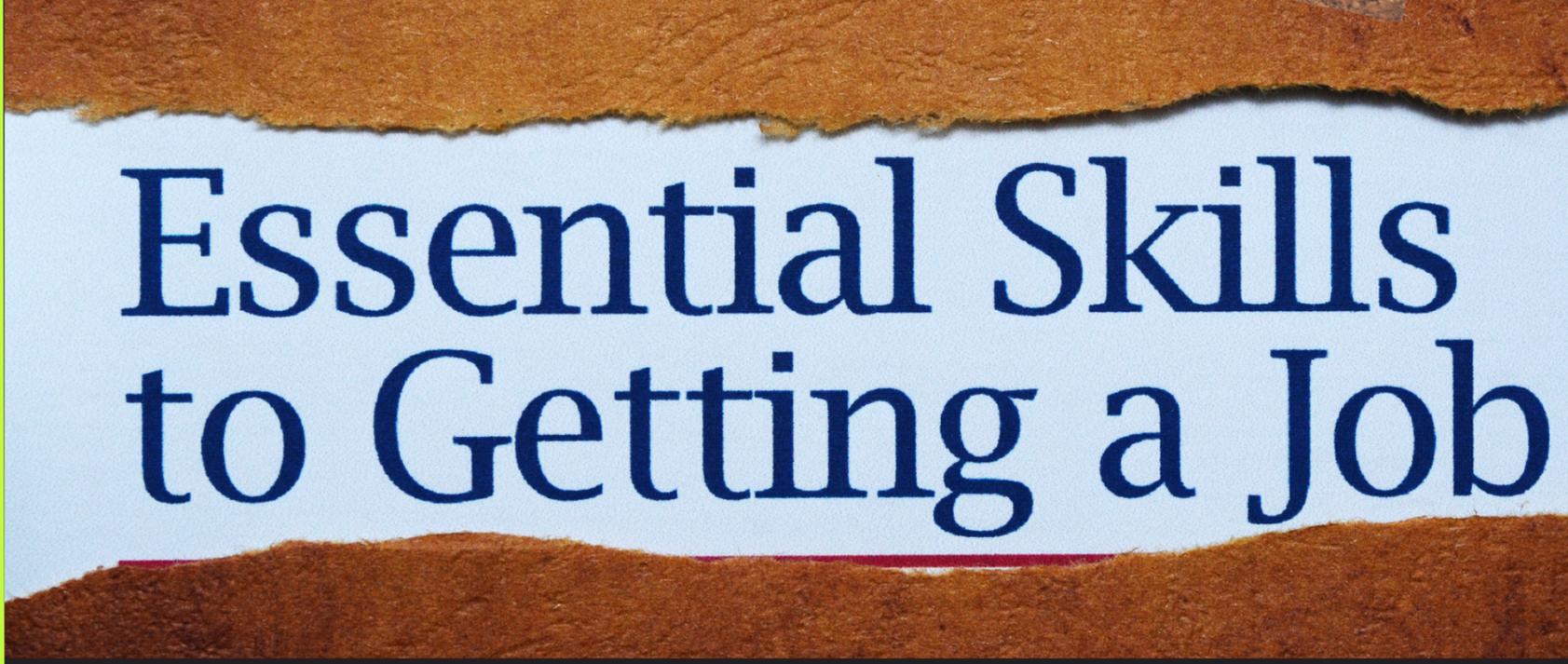
There is a 1-  
week time  
commitment  
to complete  
this  
workshop.



STEP 1: Participants are introduced to the components of successful workplace performance, focusing on the role of the nine essential skills and personal management basics. Participants meet with their mentor to discuss these concepts and connect them to their own personal and workplace situations. An essential skills assessment is conducted, followed by a debrief between mentor and participant. A report outlining assessment results is provided to participants and referrers.



Introduction



Essential Skills  
to Getting a Job

**STEP 2:** Participants embark on a process of self-reflection and critical thinking to identify and analyze their results. Modules differentiate between skills and tasks to identify participant's transferable skills, abilities, and attributes. A mentor session helps to connect content to the lived experiences of participants, so that they see the value they will bring to their next employment opportunity.

PAUSE  
& REFLECT



**WORKING:  
ON MYSELF  
BY MYSELF  
FOR MYSELF**

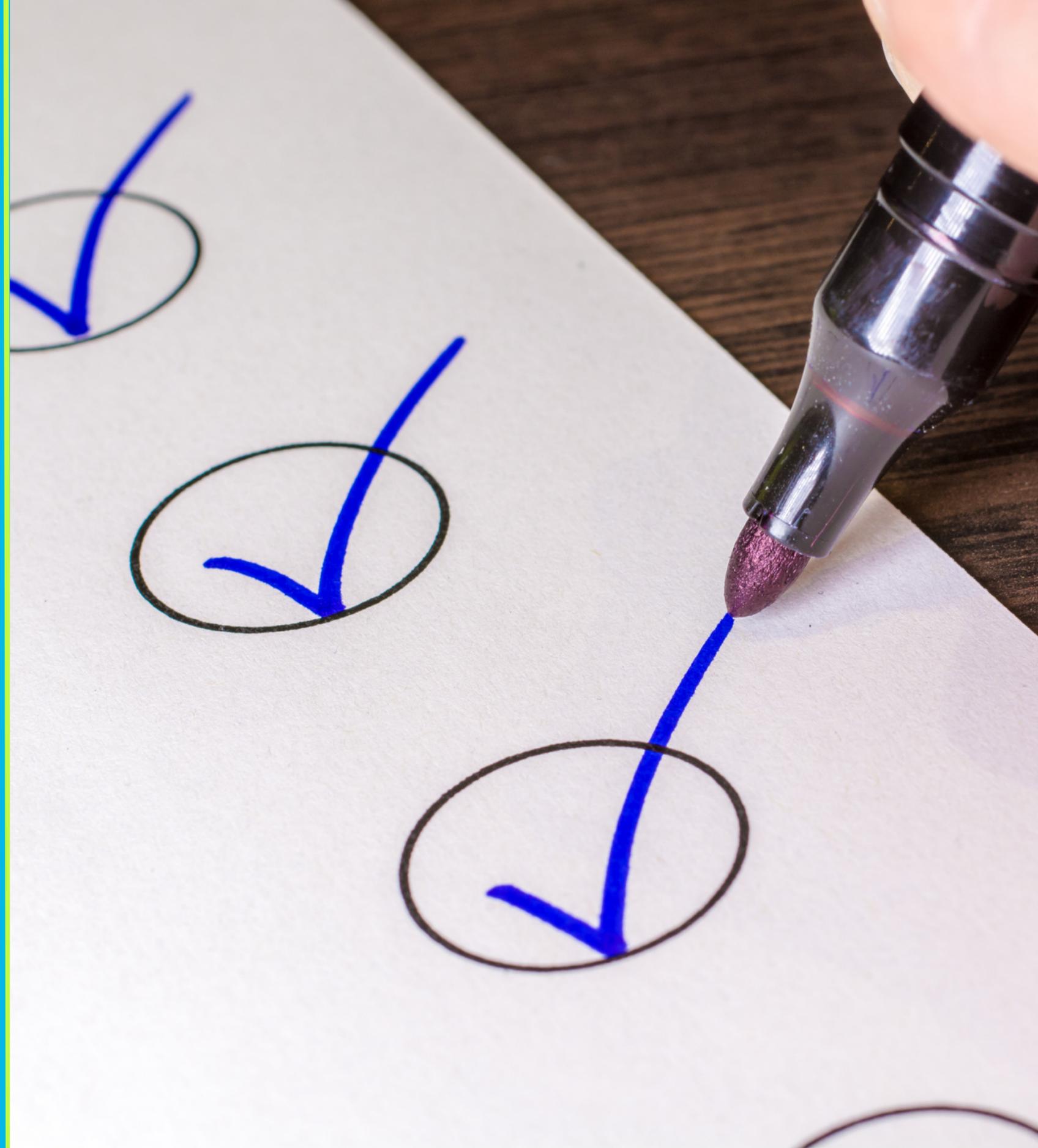


**STEP 3:** Participants learn more about Manitoba job sectors and familiarize themselves with the transferability of skills across these sectors. They are led through a process of further unpacking their own essential skills and personal management basics to identify strengths and needs against performance requirements for workplace or training readiness. Participants begin to curate their stories to communicate their employment readiness. Finally, participants summarize their take-aways in their own essential skills reflection.



# This workshop features:

- Assessments
- Recognition of Prior Learning – self reflection
- Skills matching
- Job Skills Exploration
- Mentorship sessions



Who will  
benefit from  
this  
workshop?



# People who:

- Have limited or no work history
- Want assistance identifying jobs that will match their skills
- Want to transition from one type of employment to another
- Are in transition from school to employment



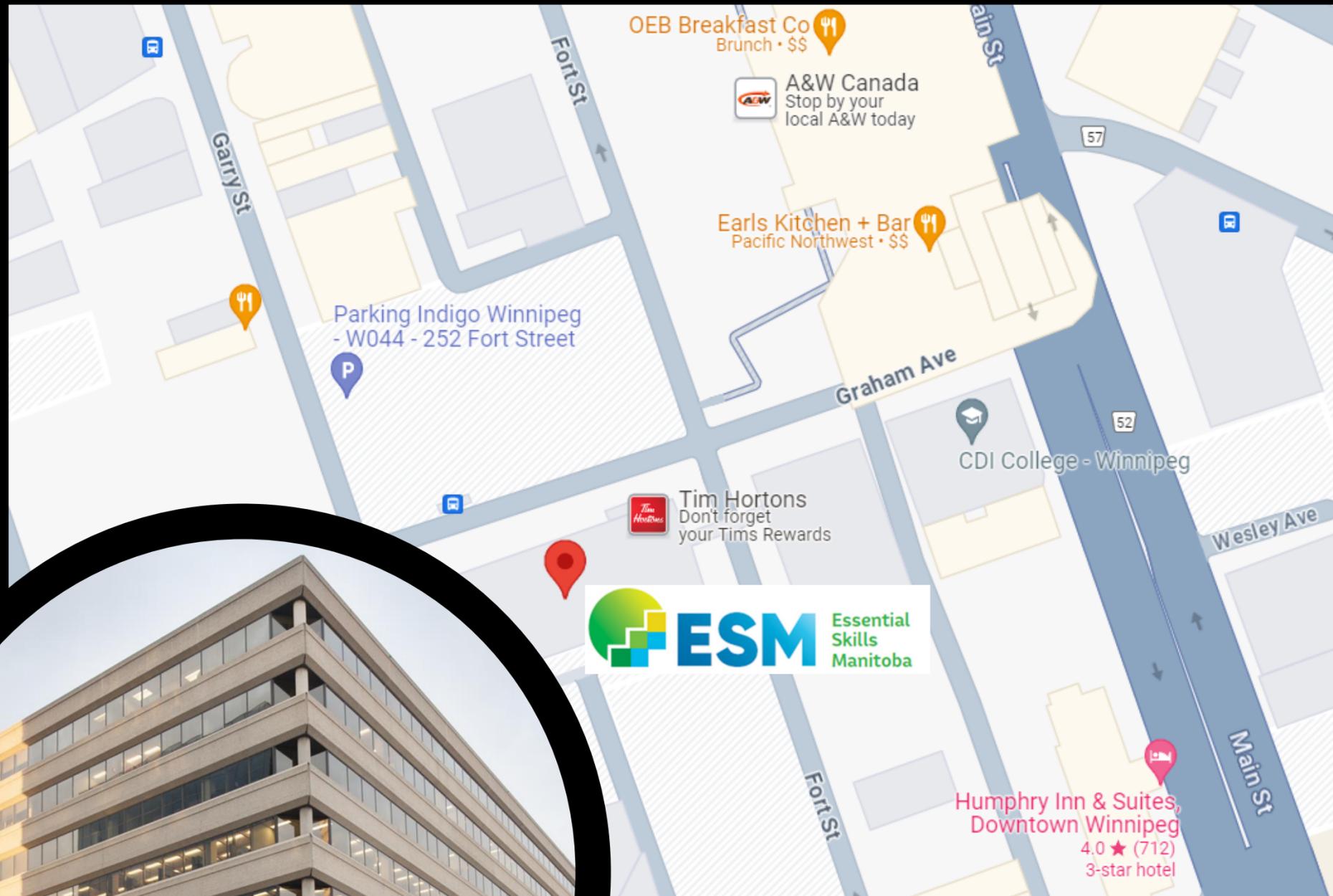
Available online  
or in person

Get started  
today!

Contact us at

[info@esmanitoba.ca](mailto:info@esmanitoba.ca)

or call 204-282-9980



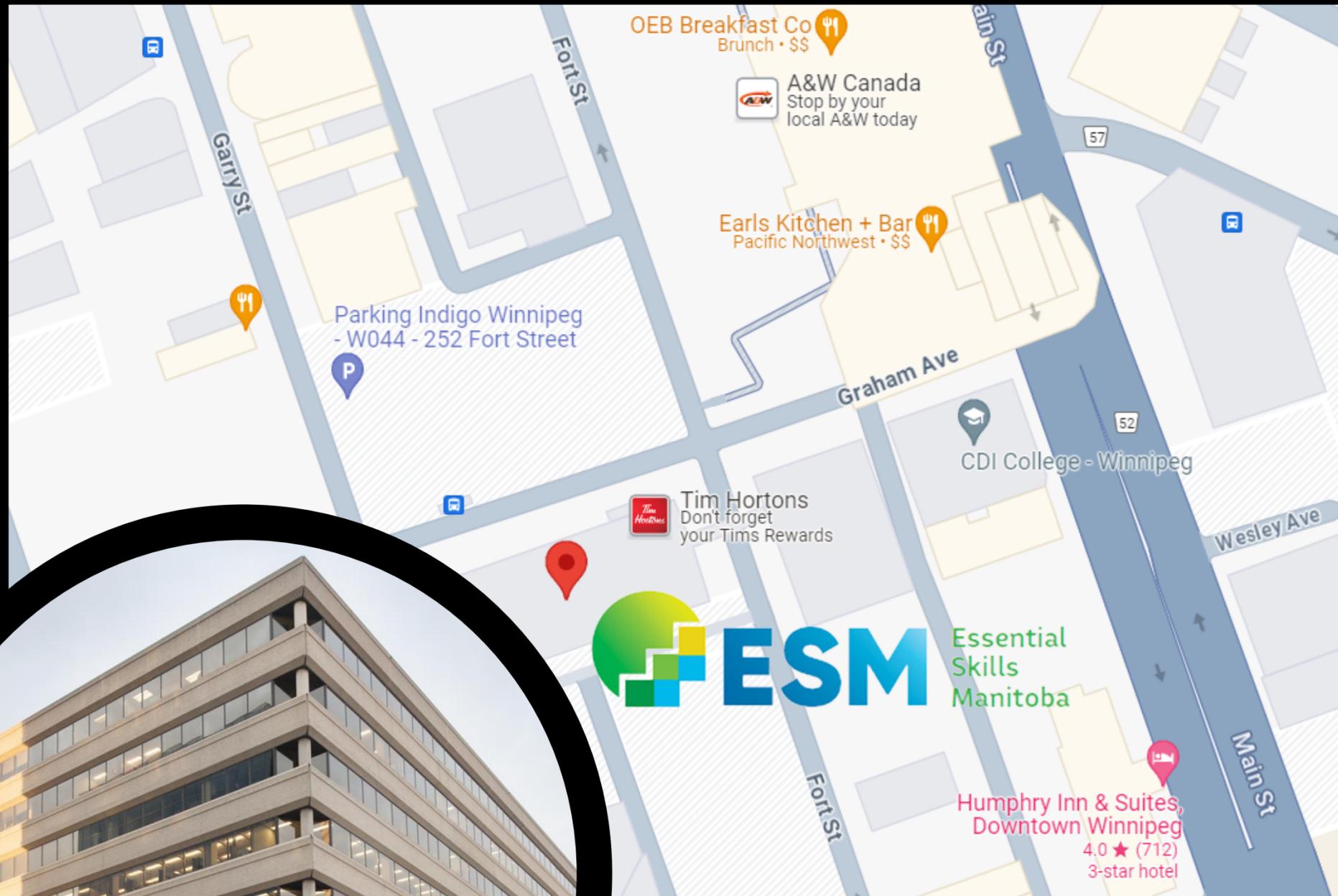
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Assessible through the  
skywalk

 240 Graham Avenue, Unit 250  
second floor, Cargill Building