

# Speaking to the Skills I Have Workshop



Speaking to the Skills I Have is a workshop for individuals wanting to sharpen their talking points for resumes, networking opportunities and job interviews.



This workshop increases understanding about communication strategies in successfully gaining employment and will enhance skills to maintain sustainable employment and further your career goals.



The goal is for you to be able to tell your story in a way that connects with employers.



## What to expect?



A series of reflection activities that focus on identifying and giving value to your skills, abilities, and attributes in a way that employers recognize.

Skill building practice is built into this workshop to help you do just that



## In this workshop:



- You will gain tools to enhance your Essential Skills and personal management basics.
- Gather your raw materials.
- Translate and connect your skills, abilities, and attributes in a way employers understand.
- Provide evidence and communicate your skills to a potential employer.
- Listen and speak with confidence.
- Master an interview.

#### People who:

- Are in the process of applying for employment
- Are in transition from one type of employment to another and have a concrete employment goal
- Want to enhance their talking points for their resume
- Want to build confidence for networking and job interviews



### Available online or in person

# Get started today!

Contact us at info@esmanitoba.ca or call 204-282-9980