

BOOST



Build Opportunities
Optimize Skills for Tomorrow

“Unlock Your Employment Potential in this
3-Week Workshop!”



What to expect?



The GROW Assessment is a prerequisite to this program.

WEEK 1 - Career Exploration

WEEK 2 - Portfolio Building

WEEK 3 - Preparing & Practicing for Job Interviews

Skills Development during this process

Adaptability

Communication

Problem Solving

Computers

Collaboration

Ready to take the next step in your employment journey?

After completing **GROW** join our engaging **BOOST** workshop to guide you on your path.

Why?

It is your chance to gain the tools, knowledge, and confidence you need to succeed in your job search.

Don't miss out—start your transformation today!



What's it about?

This workshop will help you:

Identify Strengths: Discover your unique skills and match them to job opportunities that fit your goals and interests.

Build a Career Portfolio: Create a standout portfolio that showcases your skills to employers.

Gain Job Search Confidence: Learn to effectively research, apply for jobs, and ace interviews, ensuring you're prepared for the next steps.

Develop an Action Plan: Walk away with a clear path and a set of actionable goals to guide you forward.

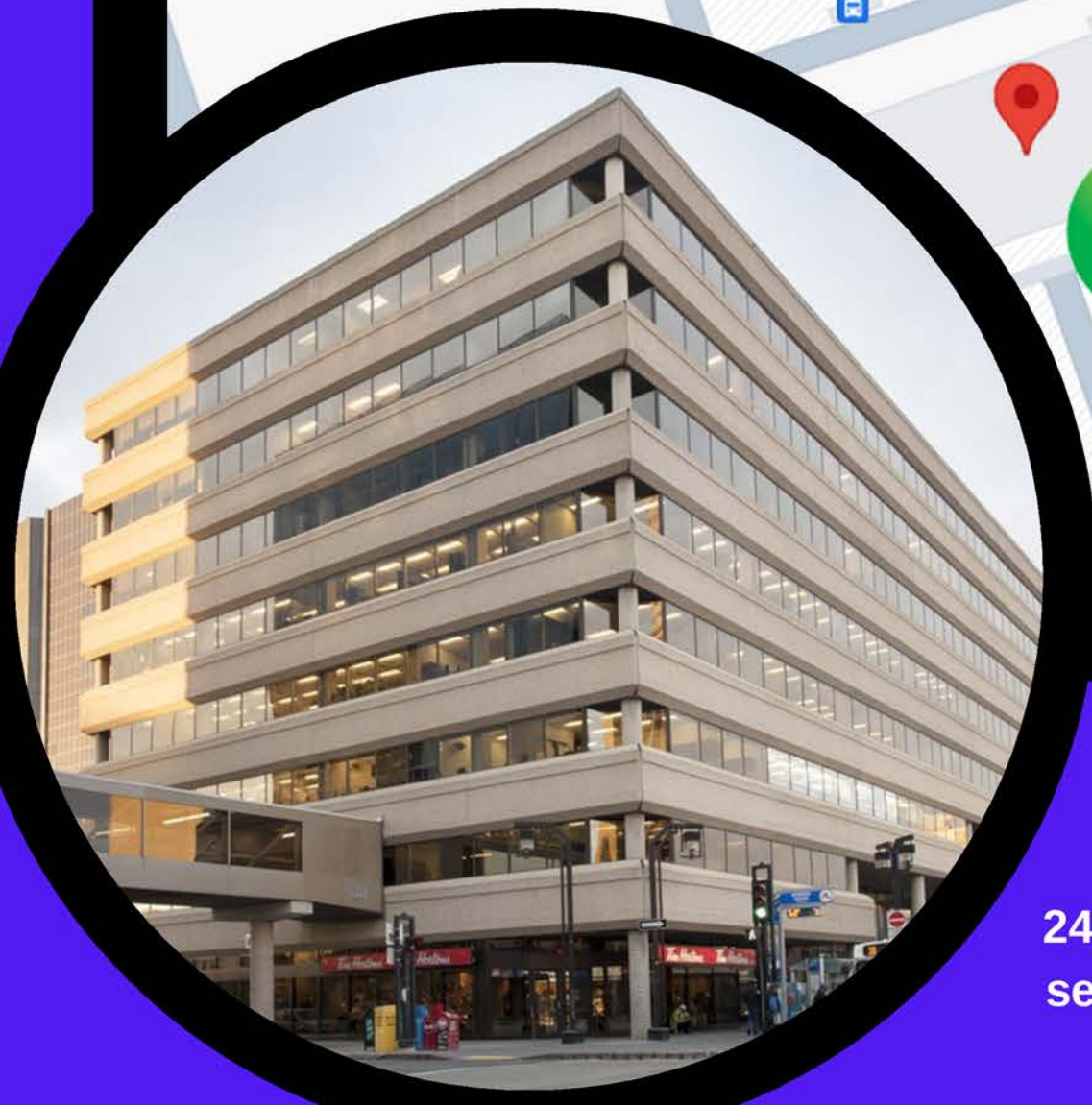
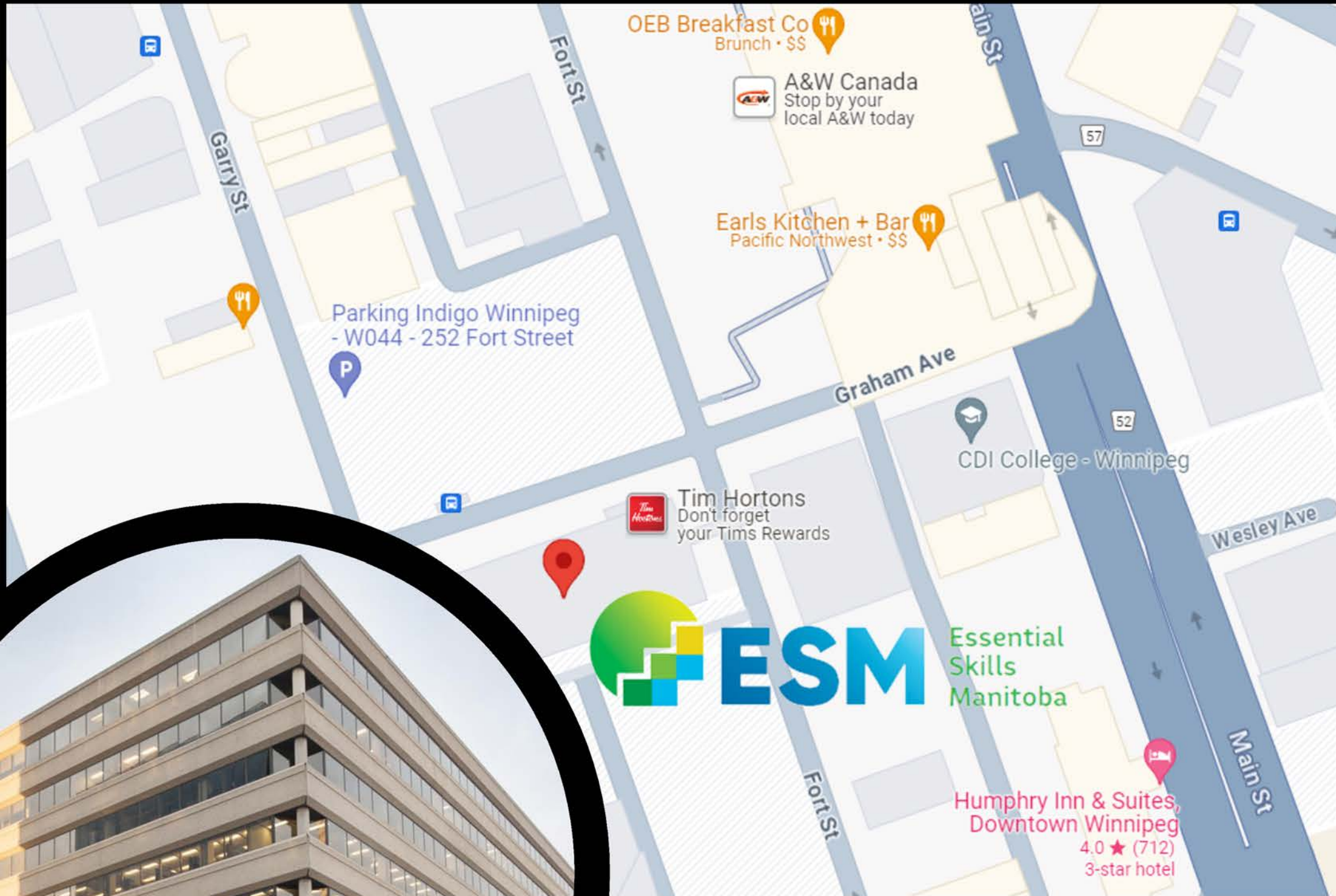


Who is it for?

- Anyone looking for work
- Anyone who wants support identifying a career path
- Anyone who wants to build the skills to take you through a job search, application, and interview

This program will help set you up for success.





Accessible through the
skywalk

240 Graham Avenue, Unit 250
second floor, Cargill Building



Get started today!

Contact us at
info@esmanitoba.ca
or call 204-282-9980